

# NUBIAN

## *Empire*

The Reincarnation  
Interview with:  
**Sevok Arkamu Shakur**  
**7.Row Don Rovelira**

**Nubian**  
*Sun Bread*

**TOP TRAVEL**  
**Destinations**  
**in AFRICA**

**Black Love**  
**& Dating**

*The Reincarnation of*  
**2PAC DON MAKAVELI**







# TABLE OF CONTENTS



**06**

**Our Tribute to:  
CHADWICK  
BOSEMAN**



**11**

**RBG Column**



**13**

**Nubian  
Sun Bread**



**15**

**Top Travel  
Destinations in  
Africa**



**25**

**7.Row  
King Of LA  
Interview**

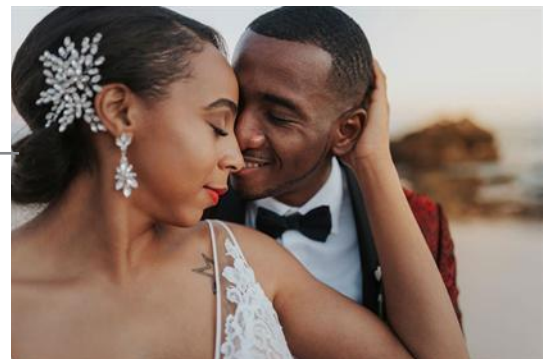


**30**

**African  
Queen  
Shoot**

**28**

**Black  
Love &  
Dating**



# Tanya Marie "Amunet La'ra"

*Founder / Publisher*



PHOTO CREDIT: Dillion Mays  
MUA: Shtaniya




**T**anya Marie is a seasoned Entrepreneur having experience as a Producer, TV Show Host, Modeling coach and Fashion designer. Having had her hand in the Entertainment industry for over 10 years, she enjoys running her company Bndc Runway & Theatrics Company, where she provides workshops for upcoming children and adults in Modeling and Acting.


Her unique classes train models to integrate acting into the fashion runway. Her productions consist of themed theatrical runway shows such as Egyptian Nights, James Bond, Anti-bully Fashion Show and many more. She has produced and hosted an entertainment variety show currently on cable called The Industry Live Legends & Stars.

Alongside Tanya's numerous entertainment endeavors, she also has a Swimwear Line called Goddess Swimwear. Tanya recently started a women's business mixer group called Golden Goddess Business Mixer, where she can have women who own their own business network amongst the group. As the founder of this magazine, Tanya hopes to bring appreciation to inspiring stories by the Black community about Black culture. Look out for this Boss who passionately juggles business and motherhood.

.....

Visit us on:

-  nubianempiremagazine
-  theindustrylivetv,  goddessswimwear1

Nubianempiremagazine :  
 @goldengoddessbusiness



# BREAST CANCER



**AWARENESS**

When check out

**SHEA SHEA #Paris**

**LA FEMME BUTTER**

**HAPPY TO ANNOUNCE EVERYONE  
THAT PURCHASE IN OCTOBER  
WILL BE SUPPORTING THE  
BREAST CANCER  
ORGANIZATIONS!!!**

**WWW.SHEABUTTERLASVEGAS.C**

**OM LET'S SUPPORT!!!**

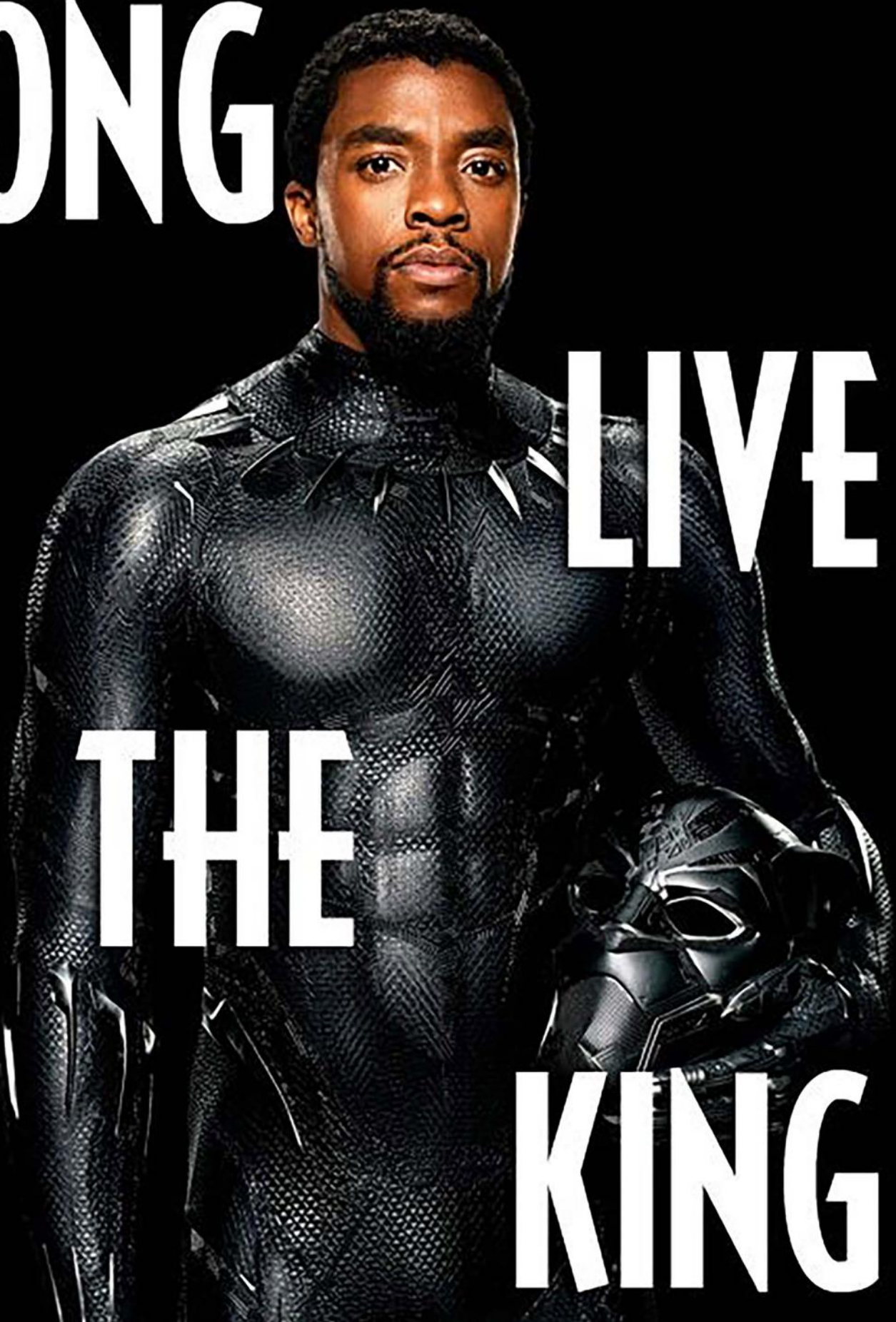
**PIC•COLLAGE**

**LONG**

**LIVE**

**THE**

**KING**



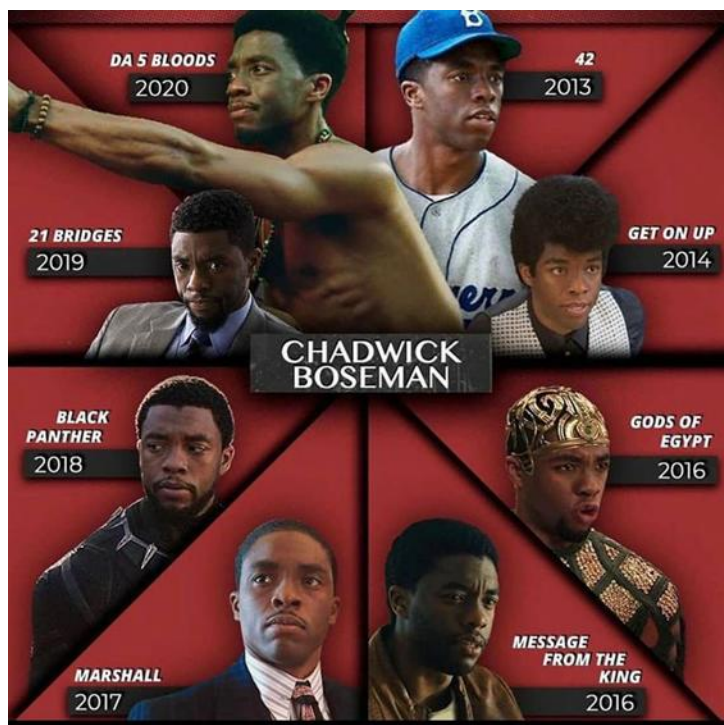




# Our Tribute to **CHADWICK BOSEMAN**

Written by: Corissa Fletcher  
 Edited by: Tanya Marie

**Who was Chadwick Aaron Boseman?**  
 To Fans he was an entertainer, however to family and friends he was more than talent. Chadwick was born on November 4, 1976 in Anderson, South Carolina.



shot and killed on campus. As he continued his education to college he attended and graduated with a B.A Degree in Directing. He later went to New York where he taught drama until 2008 when he moved to Los Angeles to pursue his career in acting.

Chadwick received the Audelco Award for many plays he wrote. He also starred in many movies, including 42(His Breakthrough Role), 21 Bridges, Marshall and many more. However, it was his role in Black Panther that he will always be remembered throughout History. Chadwick won many Awards from his role in The Black Panther. He won the BET AWARDS (2018) for Best Actor, BLACK REEL AWARDS for Outstanding Actor (2019), NAACP IMAGE AWARDS (2019) for Outstanding Actor. He also won the MTV MOVIE &TV AWARDS for Best Hero playing T'challa/Black Panther, PEOPLE'S CHOICE (2018) for Favorite Male Movie Star as well as SCREEN ACTORS GUILD AWARDS for Outstanding Performance in the film Black Panther.

In 2015, he started dating singer Taylor Simone Ledward. They were engaged in 2019 and married a few months later. The wedding was small and secret with family and friends by their side. In 2016, Boseman was diagnosed with stage 3 colon cancer. It was believed by 2020 the cancer progressed to stage five.

On August 28, 2020 Chadwick Aaron Boseman departed this life, in his home with family and his wife by his side. Even though Chadwick's life was shortly lived he made an impact on those around him including his fans. He will never be forgotten because he was more than talent. Chadwick was a man who made History especially for his culture. He will also be remembered for all the love and being a role model for generations to come. REST IN POWER KING, WAKANDA FOREVER!

**H**is parents were Carolyn and Leroy Boseman. He was immensely proud of his heritage and found through DNA his ancestors were Krio and the Limba people from Sierra Leone. He also traced his DNA ancestry back to the Yoruba People of Nigeria.

In his High School years, Chadwick wrote a play called Crossroad, where he dedicated it to a student which got

# Best Places To Buy REAL ESTATE IN AFRICA

*Real estate is a subject that is close to investors with multiple streams of income. When talking about Africa, real estate is a fine investment opportunity and a source of more revenue.*

Real estate is a subject that is close to investors with multiple streams of income. When talking about Africa, real estate is a fine investment opportunity and a source of more revenue. Smart investors are going in now or taking benefit of the opportunities before it becomes virtually impossible. Actually, Africa is viewed as such an

important investment that over 70 percent of the Chinese direct foreign investment is in African cities. Other countries such as Russia, India, and Turkey, are following close behind China and increasing their investments on the continent, so don't be the one left out in the cold. With many Africans moving to the cities on a yearly basis for good opportunities, the bottom line is that the lack of the best quality and affordable housing is becoming too large for the government to handle. The growth of African cities alongside the forever growing middle to upper class is creating a demand for good-quality, safe housing, which is becoming overwhelming. Therefore, those who can need to assist with this crisis.

## HERE ARE TOP CITIES AND BEST PLACES IN AFRICA TO BUY REAL ESTATE:



### Accra, Ghana

Ghana is called one of some politically stable countries in Africa, with some internal conflicts and having great relations with its neighbors. Accra is Ghana's capital city; it represents four million-plus of Ghana's growing population of 27 million. Sources showed that the preset residential demand in Ghana is almost 150,000 units per annum, but only 50,000 units are produced per annum, which gives a shortfall of 100,000 units per annum. So, there's a huge shortage of affordable residential units in Accra, never to mention commercial units. Foreign property ownership is permitted as well as desired with more and more expatriates flooding into the city seeking employment and areas to rent, so now is the time to invest.





fall, therefore, growing demand for high quality residential or commercial units. As per recent surveys, the office spaces brought to the market from 2014 to 2015 were sold and pre-leased before the official opening. There's a growing demand for commercial property in the Luanda port place some associated with the oil industry. Officials look to increase warehouse space as business will increase. Even though oil prices have dropped, the oil industry is yet the initial occupant of the local real estate with no signs of a decline anytime soon. The costs of office space/m<sup>2</sup> are reportedly one of the high in the globe at \$150 per m<sup>2</sup> per month. The residential market is in its earliest stages, but there's a growing middle class, so residential units yet offer a higher return on investment.

## Cairo, Egypt

For the 3rd consecutive year, Egypt may brag about being some appealing economy in the 9th edition of that report. The country has the benefit of having an important demographic market and is yet one of some favorite places for investors. So according to the author of the report, it is the 3rd year at the top of our ranking. For the past 3 years, Egypt has made important strides in changing its business environment, improving external investment into the market as well as growing their own industries. They took the decision years ago to devalue the currency for being reflective of what is happening in the current market. Even though these were difficult decisions, in the long run, it'll help with structural changes in the economy. We are expecting an approximate 5.3 percent growth rate for the next 5 years. It is above the 4 percent average expected for the rest of Africa, they specified.

## Nairobi, Kenya

Nairobi is Kenya's capital city, one of the top 10 large economies in Africa. Nairobi is in the top 3 fast-growing economies in the world situated on the eastern coast of Africa which lends itself as a transportation hub as well as the gateway to the continent. Nairobi is house to various African headquarters such as Google, IBM, and Coca-Cola, lots of rental units are required to support a growing population. There's a healthy tourism industry that has

created a growing demand for the construction of guest homes/hotels. Because of the terrorist attacks, demand from potential retail tenants has slowed down in the last 12 months, however, what looks risky today may be a gold rush in the future.

## Luanda, Angola

Angola is Africa's fifth-large economy. Despite the recent bid to construct new properties across the capital, there's yet a massive short-



## Kigali, Rwanda

Kigali is the capital and large city in Rwanda. Rwanda has a high demand for residential units for the growing business community. However, the total housing requires in Kigali alone is predicted to reach 458,265 housing units by 2022. The recent rise in local as well as foreign investment is a sign that there will be a growing demand for residential or commercial units. These positive steps have come almost 20 years after the Rwandan Genocide, which stunted the growth of the country's economy, however over the years, Rwanda is becoming an East African success story. Growth in low to medium-priced housing is propelled by the growing population, growing middle class, government investment in infrastructure as well as a growing number of the diaspora investing in property, so now is the time for you to join in also.

## Port Louis, Mauritius

Mauritius is a small island situated in the Indian Ocean, and it is a foreigner-friendly island discovered in other parts of the globe.



Not settled unless this colonial period, the country is multilingual, multiethnic, multi-religious, and multicultural. Its government is consistently ranked high for democracy, economic, and political freedom. Actually, the Heritage Foundation ranks Mauritius as the 10th freest economy in the globe, particularly due to investment freedom. It's one of the top 20 countries to do business as per the World Bank. As more and more money will flow through Africa, look for Mauritius to become

an offshore financial center. Additionally, being a hub for financial services, it is a lovely island that attracts a big amount of tourism. Foreigners are allowed to own or develop property on the island as well as automatically qualify for permanent residency if they invest further than \$500,000.

## Conclusion

Africa has shown the best signs of economic growth in the recent years and hence real estate is no exception. Even though there are 54 countries in Africa, there are most cities that have shown exceptional growth. There are a few great places to buy real estate in Africa. You can buy the best real estate by seeing our suggested places.



## References and Citation

<https://www.businessinsider.com/best-countries-to-buy-rental-property-earn-passive-income-2018-5>

<https://www.morganphilips.com/en/insights/which-are-the-top-african-countries-for-investment-in-2019>

<https://www.blackenterprise.com/how-to-invest-in-real-estate-in-africa/>

<https://africa.com/top-10-countries-to-invest-in-africa/>





# THE REVOLUTIONARY BUSINESS GROUP

## Leaving a Legacy by Building a World Class Company

Entrepreneurship is a trend that's on the rise these days. Now, more than ever, it's easy for anyone to pop up a website or social media profile and call themselves a business owner.

I'm not salty about it. It's actually very inspiring to see more people, more Black people, eager to take control of their own destiny.

But there's more to being an entrepreneur than having a side hustle selling a few products or services here and there. If we really want to be in control of our own destiny, we must be focused on leaving a legacy and building world-class companies.

There's no better way to do that while creating generational wealth than through true entrepreneurship. Our consulting firm, Bridge Strategy Consultants works with our clients to help them manage processes, people, productivity and profit to build sustainable, world-class companies that can thrive and survive without them...now and long after they are gone.

Whether the goal is to build a company that generates passive income after you've stepped away from the day to day operations or you want to pass the company on to your heirs, we help you put the right systems in place to make that happen.

Our strategy is focused on gaining freedom, leaving a legacy, developing operational excellence, and creating generational wealth. This helps the business owner move strategically along the path from owning a job to becoming CEO to true Entrepreneur, then eventually to investor.

The key to getting started on this path is identifying your replacement, then making sure you have the right people in the right seats to handle day to day operations. People who embrace and support



the vision of the company as their own. Once you have your A-Team in place, it's all about dialing in your systems and processes in a way that a new hire "off the street" could walk into your company and be up and running in a matter of days versus weeks or months.

With the right strategy and our proprietary system, we work with our clients to achieve this goal. We'd be excited to explore doing the same for you, your company, and your legacy.

To speak with us to find out if you're a fit for our services schedule a Freedom Session at [meet.tonihogan.com/freedom](https://meet.tonihogan.com/freedom). We look forward to discussing your legacy with you.

**Toni Hogan,**  
*Business Process Architect*



# THE REVOLUTIONARY BUSINESS GROUP

# BLACKYARD CHICKENS

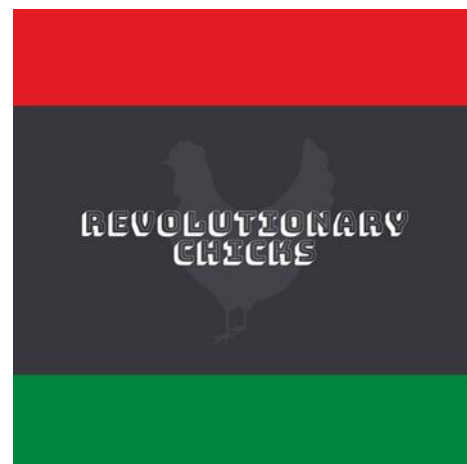
“Blackyard Chickens” is a community of Black backyard chicken keepers, from newbie hobbyists to veteran homesteaders, created to provide a safe space for us to give and receive advice, show off our birds, and talk shop with people who get it.



We tried ‘traditional’ groups, but they were all woefully unseasoned! And the microaggressions... who expects political content in a CHICKEN group? Nah.

Much like gardening, backyard poultry sales skyrocketed 500% during the pandemic—and people continue to become increasingly interested in self sufficiency and the #growyourown movement. Founder, Nicole Hughley, is one of many first-timers who pulled the trigger this past spring. Her flock, “The Revolutionary Chicks,” includes Maya, Rosa, Angela, Harriet, Ava, Shirley, Zora-Sojourner, and Assata-Michelle. Another member’s chickens are all named after hit R&B songs. You can even book a getaway to hang out with some other Blackyard Chickens at Shite Foot Farms in Massachusetts on Hipcamp! <https://www.hipcamp.com/discover/massachusetts/shite-foot-farms>

After launching on Juneteenth and now approaching 100 women and men, from New York to Baltimore, to Baton Rouge, Louisiana and beyond, what began for a lot of folks as a concern about food security in an unpredictable situation, has morphed into a little corner of the internet for everything from setting up a coop to lovingly debating wings vs. flats (flats won, again). BYC is becoming a place to learn and explore one’s agricultural roots, connect with like-minded individuals, and always have a good laugh. Even if you’re just curious about that life, BYC welcomes and encourages you to join!



### VISIT FOR MORE INFO:

- Facebook icon BlackyardChickens (groups)
- Globe icon BlackyardChickens.com



# The Classic NUBIAN SUN BREAD



**T**he land of ancient Nubia once belonged to extremely progressive African civilizations as the land comprised of two regions which extended along the Nile River. The Nubian history dates back to c. 2000 BCE to 1504 AD, as within different eras the land witnessed both peace and war.

With the availability of rich jewels, extravagant pots, and plenty of copper and ivory the land provided access to trade for the wealthiest of Africa. Egyptians used to call the region “The Land of the Bow” due to the remarkable archery skills of the local natives that lived there. History most evidently exhibits that Nubia has witnessed different dynasties where several small groups of local natives were governed by separate kingdoms. The population of the land consisted of diverse people with varying backgrounds of religious beliefs, norms, and ethnicities. The land was so diverse that archeologists have established and assigned names to different cultures that were followed and practiced by the Nubians at that time. Also, there is evidence from the history that suggests that the Nubians blended in several dif-

ferent customs from the Egyptians since there was a regular practice of trade happening with them. Thus they created their particular manner of unique traditions that were followed. Never the less Nubian Kingdom of Kush was a demonstration of magnificence and opulence with its historical importance still observed by many to this day.

Apart from the rich history that Nubia holds, the land of high rising pyramids with its strong and powerfully built culture was also notable and celebrated for its vibrant cuisine and delicacies that dictated traditions and contained strong influences from the Egyptian culture. The lifestyle that was followed by the natives relied a lot on healthier food options with simple and wholesome food. The water banks of the Nile allowed them

to grow okra, spinach, beans carrots, and many other herbs and spices which were also incorporated for delicious and interesting dishes. Agriculture was the main source of food supply for the Nubian region since the Nile flowed along with the land due to which apart from vegetables, wheat and barley were a noticeable crop that was vastly cultivated. Even today, the Nubian traditional culture is hailed for preserving its originality and customs as recipes are passed down on from generations of Nubians and one such recipe that has been remarkably looked after is the classic Nubian sun bread. This soft bread recipe has been enhanced over time with additions of yeast etc. yet still is a swoon-worthy delicacy and a treat that is irresistible for all ages.

The classic Nubian sun bread feels like a warm comfortable snug providing a perfect homely feel giving you a downright sense of nostalgia while bursting your taste buds with its warm, soft, and perfectly balanced buttery texture. It is also one of the oldest yeast bread that was consumed back in the day by the Nubians as it is also referred to as the ‘Shamsi Bread’ which means sun bread and it is still eaten in some parts of Egypt. Since bread was consumed back in the day as a meal by the Nubians due to its local availability and ample cultivation of wheat crops they mastered different techniques in making it enjoyable and flavorful. The use of simple ingredients does not only make this bread a convenient every day make but also a pleasant substitute for other everyday bread options. Also, while the bread recipe has been modified according to personal preferences by many, this below-mentioned recipe is the most simple and closest original take on the beloved Nubian sun bread.

# RECIPE

## INGREDIENTS

- 3 large eggs
- 3 ½ tablespoon sugar
- 3 tablespoon lukewarm milk
- 2 cups all-purpose flour
- ½ cup melted salted/unsalted butter (You can use either kind of butter based on your personal preference)
- 2 packets of instant yeast



## DIRECTIONS

- 1** Firstly, mix your eggs and sugar well until a smooth consistency is formed.
- 2** Add in your flour in the mixture and beat well. In case you don't have a stand mixer you can easily do this step by hand too.
- 3** In a separate bowl add in the milk and yeast and let this mixture rest for a couple of minutes until the yeast is activated and the mixture begins to get foamy.
- 4** Add in this yeast mixture into the rest of the batter and combine well. Once the mixture begins to form out in a dough roll it out on a flat surface
- 5** Knead your dough for about 5-10 minutes in between using flour and melted butter so that the dough does not stick on your hands and the surface and soft doughy texture is formed.
- 6** Once your dough is kneaded put it into a greased bowl and cover it with a cloth to rest it for a few hours.
- 7** The dough should look like a soft bowl after its resting period and now you will be separating it into two portions so that the classic sun shape can be made.
- 8** Take one portion of the ball and shape it out into a flat round shape just like the sun. Place this on to a large baking sheet that is already buttered. You can also use parchment paper to avoid the bread sticking to the surface.
- 9** Now, take the other portion of the dough and roll out 4-5 smaller dough balls and attach them to your sun's face. You can experiment with these smaller balls by forming different shapes but usually, these are rolled out into either round balls or in a snail-like shape. Once this is done put it all aside for at least 15-20 minutes giving it some time to rise before being put into the oven.
- 10** Now slightly butter your bread so that it comes out perfectly golden from the oven. Put the bread into a preheated oven at 425 degrees and let it bake for 10-20 minutes. To check whether it's prepared insert a toothpick and make sure it comes out clean.
- 11** Your classic golden Nubian sun bread is ready to be adored and relished. You can eat this warm bread with honey, jam, or any other toppings depending on what you want to have along. Eat it with caution because trust me you will find yourself nibbling on this soft and warm bread all day long! But it's absolutely worth it.



# TOP Places to TRAVEL IN AFRICA

---



**T**he region of Africa is huge and immensely vast but is well known for its breathtaking visuals and landscapes that are a source of pure contentment and delight to its visitors as the region provides with great wildlife, stunning beaches, diverse cultural attractions, and exploration opportunities along with numerous safari expeditions making it the perfect tourist attraction and place for pure relaxation and multiple adventures at the same time.

These tribes also have unique genetic features as well as languages that are not closely related to any others that exist today. Additionally, these tribes have been able to maintain their cultural traditions for thousands

of years despite European colonization in nearby regions. Remarkably, all of the tribes on this list are still around and practicing their ancient traditions.

Africa has come a long way in terms of its infrastructure and development and being the second-largest world's continent it has a lot to offer. With improved facilities and enthusiastic promotion from the African tourism board, today Africa is a host to thousands of tourists who come from all across the world to witness the majestic and diverse beauty that the region beholds. The entire African continent is enriched with true natural beauty, year's old heritage, stunning traditions and customs along with so much more. The south and north region in general receive a lot of tourism every year due to their considerable touristic opportunities and today we will be unraveling some of Africa's best countries to visit along with the people and their beautifully diverse cultures. So, before you begin to plan for your next vacation getaway you might as well want to read on.

## 1 SOUTH AFRICA

There is so much to write about the beauty, places, cultures, and diversity that South Africa holds that it will be impossible to do justice to it which is why it is at the top of the list of the countries to visit. Being the 25th largest country in terms of land, it is a melting pot of mixed cultures. With locations like Cape Town, the Table Mountain, Robben Island, and Cape Peninsula being the major tourist attractions for the country. The land is spread over such a large area and it also enjoys being religiously and culturally diverse with over 11 languages being readily spoken in the country including English, Swazi, Sotho, and

many more. Other important high points include the wildflowers of Namakwa, the deserts of Kalahari, and last but not the least the Simangaliso Wetland Park which is a visual treat for the eyes.

Since the culture is so diverse the cuisine and food offerings also include multiple options ranging from barbeque to traditional South African food including plenty of meat and bread on the platter. The different communities settled there live together in pure harmony and the generosity of the people is overwhelmingly beautiful that you can't help but fall in love with the place. So, if you are visiting Africa make sure to include South Africa in your bucket list.

## 2 MADAGASCAR

The name itself should give you sufficient reason to witness the beauty of this island but in case you are still not satisfied then read on. The island is the fourth largest

in the world with great scenic beauty as it is surrounded by beautiful rainforests and several different kinds of birds and other animal species. The land is rich in natural resources and has famous heritage sites including the Royal Hills of Ambohimanga, the rainforests of the Atsinanana, and the Tsingy de Bemaraha Strict Nature Reserve. The northeastern part of Madagascar is considered to be the land of "Blue Safaris" where the crystal clear water provides an unforgettable sight of the marine life underwater. The land is also home to several different species that are not found anywhere else and the local culture embodies great similarities with the South-East Asians and the most eaten food of the island is rice. The locally used language also descends back to Asian roots and the



locals there are simply referred to as the Malagasy people. If you are looking to reminisce your Disney Madagascar memories or are simply looking for a delightful island vacation then this might just be the place for you.



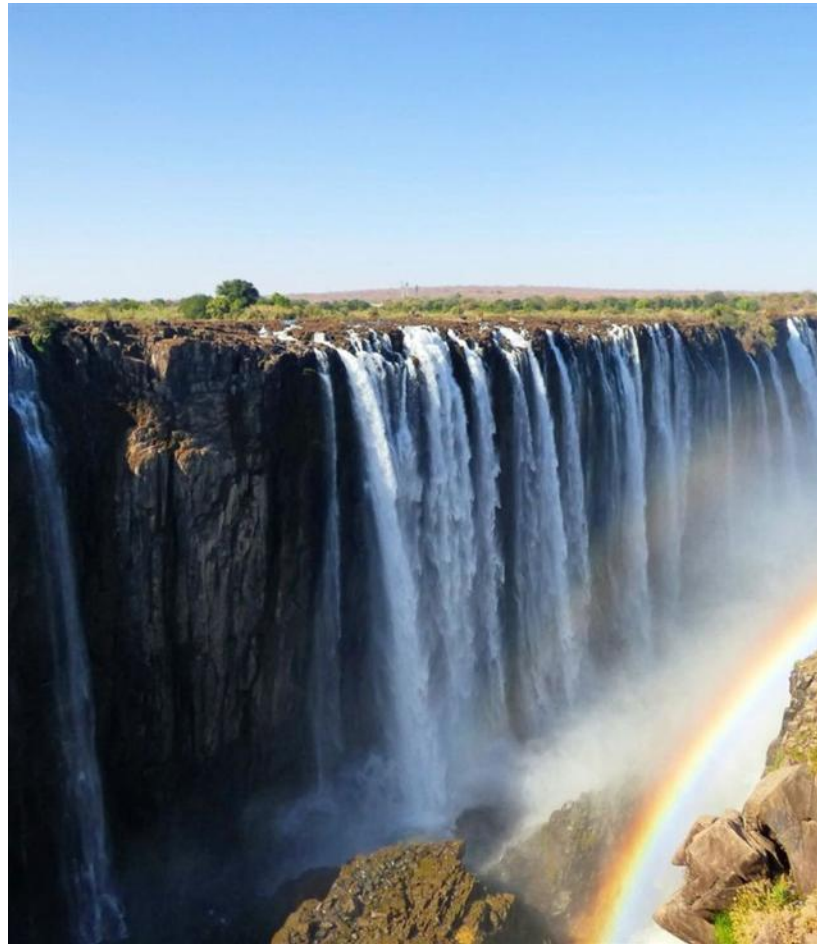
## 3 KENYA

The most instantaneous thing that you will notice the moment you are in Kenya is the hospitality and kindness of the locals. The warm energy that surrounds you makes you fall for the place even more. Being a multilingual country numerous tribes are settled there but the majority of the Kenyans belong to the 'Bantu' tribes. Kenyans share a mutual concept of shared responsibility and effort which is very much reflective in the cooperative way they not only treat each other but also their visitors.

Kenya is mostly known for its wildlife and tourists from across the world come to witness the wild animals mostly on a safari drive which is another famous activity to do while you are in Kenya. This witnessing of wildlife usually happens in the season of the Great Migration when around 2 million wild animals travel in a circle from the Masai Mara to the Serengeti in Tanzania and then return. Other notable activities include trekking Mount Kenya, riding in the latest Nairobi –Mombasa train, and seeing Tsavo from the air which will make you recall all the memories from the famous classic Hollywood film, Out of Africa which also introduced the aerial wild African safari to the rest of the world, and in case you are not into aerial safari than scuba diving or snorkeling into the Indian Ocean is also an option for you to enjoy.

## 4 ZAMBIA

This is one of the most gorgeous countries with so much to offer to its visitors. You will feel a constant smile plastered on your face while you are here, thanks to the stunning bright visuals surrounded by the chirping of birds and clear wide-open skies followed with so much more. The country is home to Victoria Falls, where you will get to witness the remarkable waterfalls. Lake Kariba is one of the many other charms held by Zambia where you get to witness magnificent sunrise and sunsets on a houseboat. There are also multiple rental places nearby the lake at affordable price points in case you want to spend in a night or two. Other common tourist attractions include Sindabezi Island, Blue Lagoon National Park, Samfya Beach, and Nyika Plateau National Park to name a few. The scenic beauty is so mesmerizing followed by the hospitality and generosity of people that this will undoubtedly become a memorable experience for you.



## 5 RWANDA

Rwanda is also known as the “Land of the Thousand Hills” because as the name suggests it is a mountainous country with numerous high hills and trekking and hiking places around. The culture is pretty similar since similar language is spoken and alike religious practices are followed. Dance and music are integral to Rwandan culture and the food eaten is also simple including beans, potatoes, meat, etc. Some of the most touristic spots include Gorilla tracking, volcano hiking on the peaks of Bisoke, Sabinyo, and Gahingo. Day hikes are normally preferred by the tourists since they offer the scenic daytime view as well. Apart from this Rwanda is famous for its coffee industry as well, so if you are a coffee lover then don't forget to visit the Kinunu Coffee Washing Station to learn more about their local coffee. Surrounded by a stunning backdrop of hills camping is another option and lastly watching the locals perform their traditional Intore dance with such poise and grace is an experience in itself that you would not want to miss.

## 6 MOROCCO

Just like the rest of the countries of Africa the beauty of Morocco is undisputable. With bustling roadways and streets hustling with joy and cheer followed with delicious street food representing the diversity of the Moroccan culture, this place is a definite charm. The choice of places to visit is infinite including a visit to Tanneries in Fez, taking a trip to the blue village in Chefchaouen, bathing in traditional hammams, and spending the night in the Sahara deserts. There are multiple different beach resorts as well where you can surf or just stroll on the beach feeling the cool sand and admiring the surrounding nature. Morocco is also beloved for its cuisine and more importantly its spices which are a combination of many different cultures and tastes. The local street food is a heart winner and the nightlife in Morocco is a lively bustle with musicians playing different instruments on the street and live food being prepared on stalls by local vendors. This is just an overview as visiting Morocco is not less than an invigorating experience that is sure to thrill you and leave you mesmerized.

Africa is such a populous and widespread



continent, having so much to offer with its extended desert landscapes, snowy mountains, and natural scenic beauty that narrowing down the best places to visit was a struggle, to say the least. The beauty of the continent lies not only in its surroundings but among the people as well whose warmth and kindness covers you like a warm blanket and makes you feel right at home. The above mentioned top countries are just a few out of the many others that look forward to you to be experienced so they can enchant you with all that they have to offer. So, if you are aspiring to visit Africa soon, don't miss the opportunity and begin your adventures now because Africa is an incredible escapade awaiting you to be explored.

### REFERENCES:

- Lloyd (2020) 11 Countries You Need To Visit In Africa, Available at: <https://handluggageonly.co.uk/2017/05/27/11-countries-need-visit-africa-year/> Kingsley Ighobor and Aissata Haidara (2012) Tourism in Africa is slowly coming of age, Available at: <https://www.un.org/africarenewal/magazine/august-2012/tourism-africa-slowly-coming-age> South African History Online (2019) Defining culture, heritage and identity, Available at: <https://www.sahistory.org.za/article/defining-culture-heritage-and-identity> Jean Dresch (2020) Madagascar, Available at: <https://www.britannica.com/place/Madagascar> Oliver Smith (2018) 17 amazing facts about Madagascar, the island it took humans 300,000 years to discover , Available at: <https://www.telegraph.co.uk/travel/destinations/africa/madagascar/articles/facts-about-madagascar/> Discover Africa.com (2020) Cultural practices of Kenya, Available at: <https://www.discoverafrica.com/safaris/kenya/cultural-practices/> Judy Koutsky (2019) 10 Best Places to Go in Africa (and What to Do There), Available at: <https://www.smartertravel.com/best-places-to-go-in-africa-where-to-go-in-africa/>



# Ancient Egypt



Alexandria

Giza

Pyramid

Ancient

Gold

Ramses

Anubis

Hieroglyphics

Scarab

Bastet

Khofu

Sphinx

Chariot

Nefertiti

Tablet

Cleopatra

Nile River

Tutankhamen

Egypt

Nubia

A woman with long, dark hair is the central focus of the image. She is wearing a white, ribbed, short-sleeved crop top and high-waisted blue denim jeans. She is posing with her hands near her face, looking directly at the camera. The background is a solid teal color, with a diagonal split into a light beige section on the right side.

# MODEL SPOTLIGHT



# LaWanda Cherry



*Photographer: Brian Pearse  
Company: Brian Pearse Photography  
Model/MUA/Wardrobe: LaWanda Cherry  
Hairstylist: Betty Smith*

LaWanda Cherry is a 30 year old Mississippi native who started her modeling career in 2015. She became interested in modeling as a young girl looking up to Tyra Banks, Naomi Campbell, Grace Jones and many others. Although LaWanda looked up to these amazing women, she dealt with self doubt and didn't believe she could make it in the modeling industry due to her height and plus-size frame. The 4'11", size 16 woman later decided she would give herself a chance. She began to encourage herself and others, "If you don't give yourself a chance, you can't expect someone else to."

In 2015, LaWanda attended a model call for Grade

A Images with owner Jay Cannon in Jackson, MS. From there she became an aspiring model, and eventually started submitting her work to local magazines, shortly venturing to out-of-state magazines. In 2018 she signed her first modeling contract with Models on Demand in Mobile, AL. In 2020, LaWanda made her first appearance on Great Day Houston as a model for Influential Petite Shadana Miranda and made more magazine appearances.

LaWanda believes that all of her opportunities will pay off someday. She calls each opportunity a blessing because if she would have given up on her dreams, she wouldn't be where she is today.



GRADE A I M A G E S

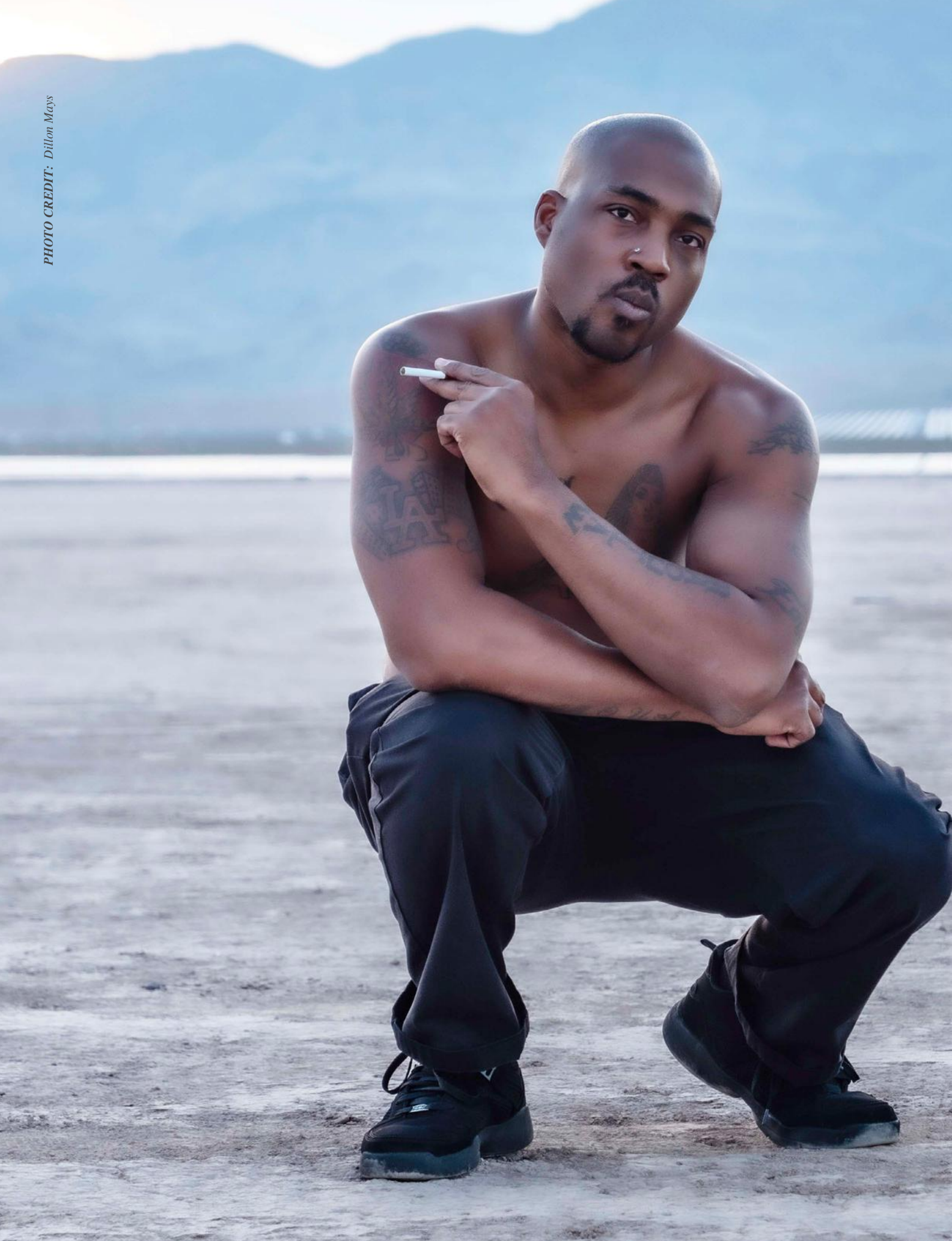


GRADE A I M A G E S



*Photographer:* Jay Cannon  
*Company:* Grade A Images  
*Model:* LaWanda Cherry  
*MUA:* Jasmine Gibbs  
*Wardrobe:* LaWanda Cherry  
*Hairstylist:* Jasmine Gibbs

PHOTO CREDIT: Dillon Mays





# 7. ROW ROVELIRA

## INTERVIEW

### “ THE REINCARNATION ”

***The Readers would like to know what type of music do you do?***

I call my style of music Row Hop Rath not Hip Hop Rap. I'm part of the Outdustry not the Industry.

***How did you get the name***

***7.Row Don Rovelira?***

My adopted father 2 Pac Don Makaveli gave me that name.

***Why do your fans call you a street legend?***

Because of my image and the way I look.

***What current projects are you working on?***

I'm working on my first Album, Reincarnation.

***Do fans refer to you as the next Pac?***

No, they don't see me as the next 2pac, they see me as 2pac Reincarnated

***If you could work with any Artist who would it be?***

YG,DJ Mustard and Snoop Dogg

***Tell our readers what your goals are in the next coming years?***

My goals in the next coming years is to heal the world with the sunlight of my soul as the god who rise.

***Inquiring Minds want to know how you are the reincarnation of Tupac Shakur?***

I have the sunlight of his soul spirit living inside of me, reincarnated as me.



PHOTO CREDIT: Ashmore Media





PHOTO CREDIT: Dillon Meys



VICKY CAKES

# A BLACK OWNED Vegan Pancake & Waffle Mix



*Christian Sargent is the Co-Founder and CEO of Vicky Cakes Pancake and Waffle Mix. She is a wife, mother and the youngest daughter of Vicky whose 40 year recipe pancake recipe she has taken and turned into a household name all around the world.*



Currently residing in Dallas, TX Christian and her husband own and operate a manufacturing warehouse facility that produces their pancake and waffle mix and distributes across all 50 states.

Christian started the company on Mother's Day of 2019 as a gift to

her mother, Vicky with the desire to create a legacy for her mother, build generational wealth for her own children and replace the Aunt Jemima brand on the shelves.

In just 16 short months in business Vicky Cakes has been featured by National platforms

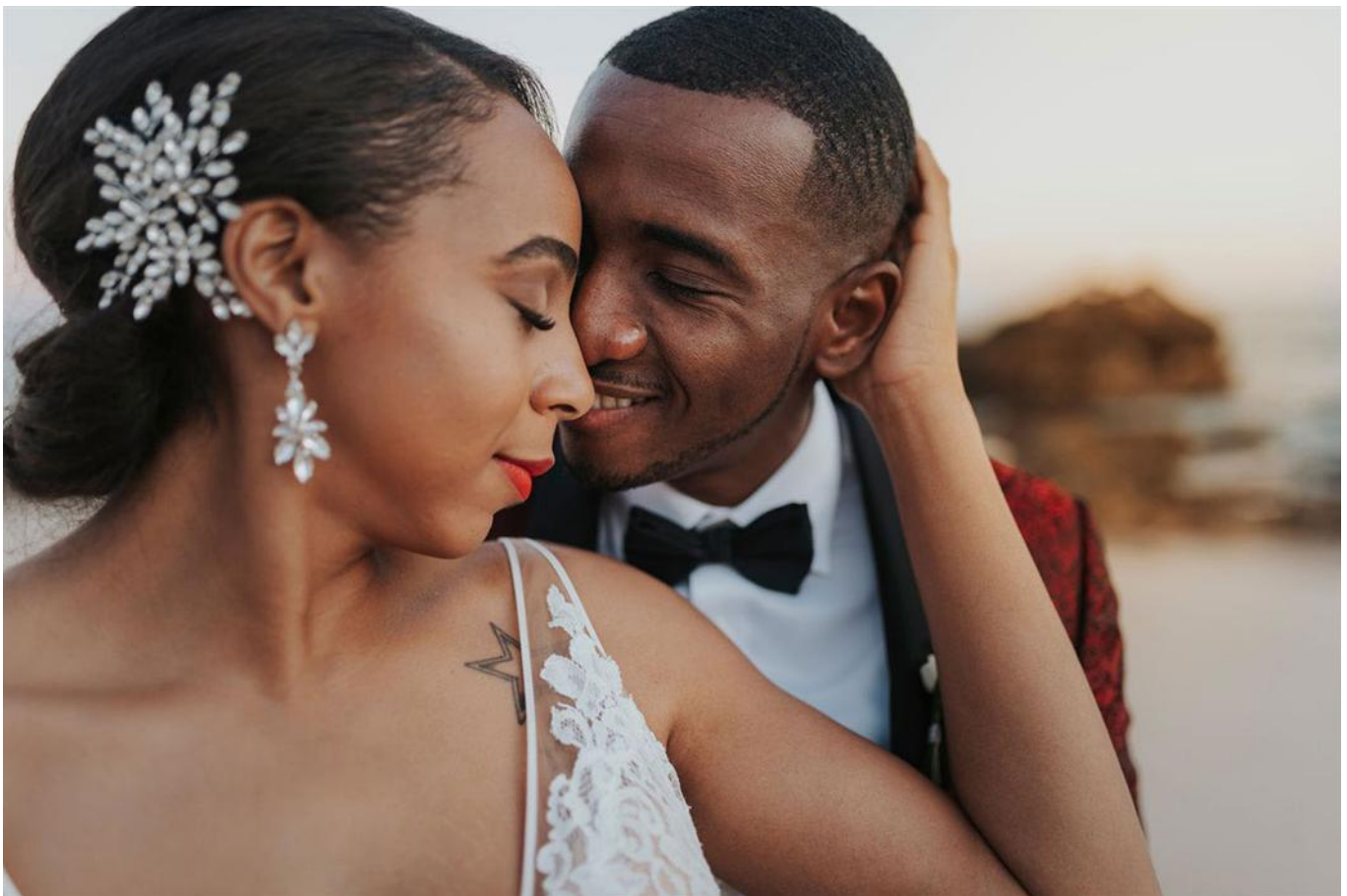
including, Good Morning America, The Food Network, Complex, Delish and Vegan Clebrity Influencer Tabitha Brown.

Vicky Cakes is truly a rising star in the breakfast industry and fulfilling their mission to bring families back to the table!



# Black Love & Dating

**W**hen people fall in love and get in to a serious relationship, they do so with one thing in mind – to seal it at the altar. This goal affords the two lovers the opportunity to spend the rest of their lives together. They also get to build a home together and receive the legal recognition as couples.



Marriage generally symbolizes a desire to commit, equilibrium, trust, and assurance for a couple. It is such a huge commitment that some couples get cold feet a few days or hours to the wedding ceremony. Sadly, amongst couples in the African American community, the rate of marriage is low, and on the fast decline, most relationships do not survive the third date.

The beliefs, norms, and expectations of an individual may negatively or positively affect his/her relationship with others. Another factor that plays a vital role in one's relationship with others is the manner of upbringing. Childhood makes up the core of every individual's being, and it should be understood to better relate to one's lover.



## Some of the difficulties black couples in love may face

While being in love is very important and at the same time...lovely, there are challenges that oppose every marriage. These challenges arise as a result of the following factors:

1. **Pride:** This can put asunder even the most loving spouses. One partner may feel superior because he/ she had a better upbringing in a "higher" socio-economic class than the other and may start to feel like the other is indebted to him/her spouse for agreeing to legalize the union.
2. **Power struggle:** It depends on the upbringing the couple received individually as kids. Some girls grew to act, think, and work like men, while some men learned to do household chores and find their way around the kitchen.
3. **Low level of Communication:** This can be one of the most significant drawbacks facing couples in a relationship. It affects the way and speed with which the couple resolves problems. Effective communication is the soil upon which the seeds of love grow, nurture it.
4. **Past: Broken family ties and connections can ruin a relationship.** Such events have ways of interfering with one's sense of trust and security. Studies have shown that people who grew up in a broken home develop a deep understanding of distrust and fear of rejection.

## How to have a long-lasting relationship as a black couple?

Everyone who gets married do so with the hope of building a home that will not shatter or spilt. These tips will help you realize such goals:

1. **Be honest at all times:** Avoiding issues or truths you don't want to acknowledge will likely undermine your relationship. Face reality and address it; unresolved issues are likely to ruin your relationship along the line.

2. **Erase communication barriers:** For any relationship to work, you need to remove communication barriers. Partners should communicate their feelings across at all times. Incorporating this might be a little difficult at first, but the reward is worth it.
3. **Compromise:** Nothing lasts unless partners agree not to disagree. Self-centeredness can be dangerous to relationships and marriage. There are times that you could take the fall for the survival of the relationship. However, do not take this to mean you should remain in an abusive relationship. Compromise is all about stepping down sometimes when the situation warrants that.
4. **Be emotionally attuned:** Be observant with your partner. As you relate with each other, don't pay attention only to the other person's words but look beyond the surface, emotions lie beneath the words. Observe when the other partner is tired, sad, unhappy, irritated, etc.
5. **Trust:** where trust dies, doubt lies, and with doubt, comes a lot of questions and uncertainty in the relationship. How much do you trust your partner? Be open and share secrets; do not give room for the other person to question your love or level of commitment.
6. **Set boundaries and privacy:** Since you are a couple, there should be limits set. Do not go around spying on your partner. Let them have their privacy.
7. **Have healthy conflicts:** it is okay to have fights and arguments because you are different individuals with different mindsets. But what determines how healthy the conflict depends on the manner of its resolution. Throwing things at each other or yelling is not part of it.

**Where partners' beliefs are aligned, relationships tend to last longer and are healthier.**

# AFRICAN QUEEN SHOOT

Photographer: Sophia Stallworth  
☑️ [sophias\\_photography](#)



Model: Quantus Penn Pacheco  
☑️ [lolita\\_penn\\_](#)

**QUANTUS  
PEN PACHECO**





You can follow her journey through the following social media platforms:

 [qpacheco](#)       [lolita\\_penn](#)

Quantus Penn Pacheco has established herself as a plus size model for the last 4 years. She has a huge passion for singing, dancing and being in front of a camera. Quantus mainly shoots commercial and lifestyle photography but also enjoys shooting creative editorial projects that challenges her to push pass her capabilities as a model.

Quantus has walked on multiple runways across the states for numerous brands and designers such as Timberland, Diva Bigg, and Michelle House of Design. She is the brand ambassador for My Beautiful Fluff and We Stay Cultured. Quantus has been published in Luxe Kurves Magazine and Faschic Magazine.

Quantus enjoys studying and perfecting her modeling craft. Quantus proves that she can bring energy, power, and confidence to every project she touches. Quantus is versatile and is able to bring the art of transformation in her look and presentation on the runway and in photo shoots. Through her modeling brand she hopes to inspire plus size women to walk in their truth and live their lives unapologetically regardless of their size.





Photographer: Sophia Stallworth  
@sophias\_photography

Model: Quantus Penn Pacheco  
@lolita\_penn\_









PHOTO CREDIT: Dillon Mays



# AFRICAN GODDESS

# JAKARRA JOI

Hello I'm JaKarra Joi. I'm a 24 year old, 5'9 curvy model from Los Angeles California. One day I hope to do commercial, runway, and swimsuit modeling full time! I have been living in Las Vegas since May 2020 and have been connecting and creating with great people ever since! I started modeling because I was insecure about who I was because I was judged by so many but I knew if I wanted to change I had to believe in myself and stand up for myself even if no one else would!

In my free time I love to read, watch forensic files, hike, and listen to music! I am also in the hiring process for the Los Angeles Police Department looking to help people in as many ways as I can!

My goal with modeling is to inspire and motivate people all over the world. I want to be seen in magazines, on billboards, in stores, and really have people look up to me in a positive way. I know if I stay dedicated, work hard, network, and stay focused I will get there! Don't forget my name





NUBIAN QUEEN  
in the Desert

# NISHYLA JOY

Nishyla Joy known as Shy, is a Mother of two from San Jose, CA. Although this Melanated Beauty is a newcomer to the modeling scene, she has been published three times - The King Aces Magazine, Pressure Magazine and Nubian Empire Magazine. Known for her Killer Eyes, smile and Curves. This single woman loves to bake, spread awareness about health & nutrition and is always down for a fun adventure!

Refuse to lower your standards to accommodate those who refuse to raise theirs. ~Mandy Hale~



PHOTO CREDIT: Dillon Mays



PHOTO CREDIT: Dillon Mays





# *A King & His Queen*

**7. ROW ROVELIRA  
AMUNET NEFERTARI LA'RA**



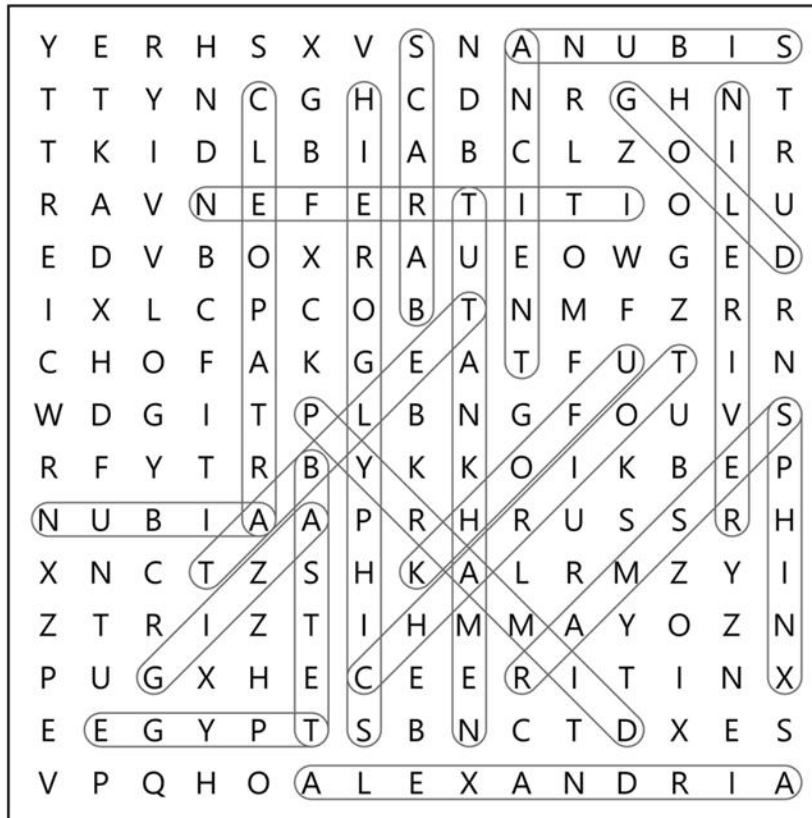








# Answer Key



- |            |               |             |
|------------|---------------|-------------|
| Alexandria | Giza          | Pyramid     |
| Ancient    | Gold          | Ramses      |
| Anubis     | Hieroglyphics | Scarab      |
| Bastet     | Khofu         | Sphinx      |
| Chariot    | Nefertiti     | Tablet      |
| Cleopatra  | Nile River    | Tutankhamen |
| Egypt      | Nubia         |             |

